

## Terms of Use

Last Updated: August 2026

Welcome to Get Healthy Lifestyle. By accessing and using this website, you agree to comply with and be bound by these Terms of Use.

### 1. Website Use

This website provides general information about health, wellness, lifestyle, and related products or services. You agree to use this website only for lawful purposes.

### 2. Health Disclaimer

The information provided on this website is for educational and informational purposes only and is not intended to replace professional medical advice, diagnosis, or treatment. Always consult with a qualified healthcare professional before making changes to your diet, exercise routine, supplements, or health plan.

### 3. No Medical Guarantees

Individual results may vary. We do not guarantee specific health, weight loss, or wellness outcomes.

### 4. Product Information

We make every effort to provide accurate information about our products and services. Details may change without notice.

### 5. User Responsibilities

You are responsible for evaluating whether any product, service, or information is appropriate for your personal situation.

### 6. Intellectual Property

All content on this website, including text, images, logos, graphics, and other materials, is protected by applicable intellectual property laws.

### 7. Limitation of Liability

Get Healthy Lifestyle and its affiliates shall not be held responsible for damages resulting from the use of this website or reliance on information provided.

### 8. Changes to These Terms

We reserve the right to update these Terms of Use at any time. Changes become effective when posted.

### 9. Contact Us

For questions regarding these Terms of Use, please contact us through the information available on this website.

By continuing to use this website, you acknowledge that you have read, understood, and agreed to these Terms of Use.